



West Coast District Health Board
Te Poari Hauora a Rohe o Tai Poutini

Neighbourhood Nurses

Helping you make your home your health centre

Towards Whanau Ora: Family and community well-being

The 'Neighbourhood Nurse' is a new community nursing role being developed by the West Coast DHB in a project funded by the Ministry of Health.

Neighbourhood Nurses form an ongoing relationship with individuals, families, communities, and help them work out their health priorities.

We assist and advise people who would like to

- take control of their own and/or family's health
- learn about a healthy lifestyle
- learn how to manage a newly diagnosed condition
- understand the health effects of risky or harmful behaviour
- have a satisfying and fulfilling life even if they have a long term illness
- remain well and avoid unnecessary hospital admission
- get the best out of any services they may need.

We do 'whatever needs to be done' to help people improve their health, either to keep them well or support them when they are sick.

We work with people of all ages, and we can see you where it suits you. You can contact the nurse in your area for further information.



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**To contact a Neighbourhood Nurse,
just give us a call**

DOBSON Monday - Friday
Dobson office dd 03 762 5701
Dobson Health Clinic reception 03 762 5700

If unavailable, please contact the Dobson Health Clinic

REEFTON Mondays and Tuesdays
Reefton office 03 732 8605
Reefton Medical Centre reception 03 732 8605

If unavailable, please contact the Reefton Medical Centre

HOKITIKA Monday - Friday
Hokitika office 03 755 8044
Hokitika Health Centre reception 03 755 8044

If unavailable, please contact Hokitika District Nurses

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